



The 2026-27 State Requirements Course Program Description

This course allows you to earn an additional 8 hours of CME while covering key licensing topics like implicit bias, opioid prescribing, domestic violence, infection control, and end-of-life care. Presented 4 hours per day, over 2 days, *The State Requirements Course* offers 8 hours of accredited content, weekly at over 50 premier travel locations.



DAY 1

- Lecture 1:** Rachel Godsil, JD presents
Stereotype Threat and Treatment Adherence: Building Trust in Healthcare Settings
Treatment adherence is more than a compliance issue—it's often a reflection of how seen, respected, and safe a patient feels in the clinical environment. In this lecture, Rachel Godsil, Rutgers Law Professor and Co-Founder of the Perception Institute, explores how stereotype threat affects patient behavior and healthcare outcomes. Attendees will learn how to recognize subtle cues that undermine trust and adopt interventions—like wise feedback, growth mindset language, and identity-affirming communication—to create more equitable and effective care.
- Lecture 2:** Robert J. Gillespie, MD, MHPE, FAAP presents
Preventing Child Maltreatment Through Relational Care
R.J. Gillespie, MD, MHPE, FAAP, pediatrician at The Children's Clinic in Portland, Oregon, and national advocate for trauma-informed primary care, explores how providers can support child maltreatment prevention through relational health. Drawing from research, guidelines, and real-world experience, this lecture outlines practical steps clinicians can take—within standard care—to strengthen families, build resilience, and identify early warning signs. Attendees will learn how to integrate relational health histories, assess caregiver trauma, and leverage everyday clinical encounters to foster safe, stable, nurturing relationships that protect against abuse.
- Lecture 3:** Neil Gokal, MD, FAAFP presents
An Evidence-Based Approach to Pain Management
Neil Gokal, MD, FAAFP, a family physician with extensive experience in primary care and chronic disease management, presents a practical, patient-centered framework for evaluating and treating pain. Drawing on epidemiologic data, clinical guidelines, and real-world case scenarios, Dr. Gokal reviews pain classification, diagnostic strategies, and multimodal treatment options. The lecture addresses pharmacologic and nonpharmacologic therapies, shared decision-making, and common clinical challenges encountered in both acute and chronic pain management. Participants gain actionable guidance to improve pain control while minimizing harm and supporting long-term patient function.
- Lecture 4:** Neil Gokal, MD, FAAFP presents
Cross-Cultural Communication in Healthcare
Neil Gokal, MD, FAAFP, a family physician and educator with experience in population health and patient-centered care, explores the practical challenges of cross-cultural communication in modern healthcare. Drawing on real-world clinical scenarios, Dr. Gokal examines social determinants of health, cultural perspectives, interpreter use, and the role of implicit bias in shaping patient interactions. The lecture introduces practical tools, including explanatory models and communication strategies, to improve understanding and trust across diverse patient populations. Participants gain actionable approaches to strengthen communication, reduce disparities, and support more inclusive and effective care.

DAY 2

- Lecture 1:** Adam Marks, MD, MPH, FAAHPM presents
Ethical Tensions at the End of Life
When patients near the end of life, ethical tensions often arise around how much to disclose, how to manage suffering, and whose preferences take priority—especially in progressive cognitive decline. This lecture examines three real-world dilemmas: truth-telling in prognosis, use of opioids when death is near, and conflicts between past and present self in dementia care. Attendees will gain practical tools to navigate these challenges using ethical principles such as autonomy, intent, and the double effect. The lecture is led by Adam Marks, MD, MPH, FAAHPM, a clinical ethicist and palliative care physician at the University of Michigan.
- Lecture 2:** Nasia Safdar, MD, PhD, MBA presents
Clostridioides difficile: Current Approaches to Diagnosis, Treatment, and Prevention
A nationally recognized expert in infectious disease and hospital epidemiology, Nasia Safdar, MD, PhD, MBA, Professor of Medicine at the University of Wisconsin, provides a practical, up-to-date overview of Clostridioides difficile infection. This lecture reviews current IDSA treatment guidelines, diagnostic challenges, strategies to reduce recurrence, and emerging therapies such as fecal microbiota transplantation and microbiome-based products. Prevention efforts—including antibiotic stewardship and gut microbiota preservation—are also addressed.
- Lecture 3:** Neil Gokal, MD, FAAFP presents
Opioid Use in Pain Management
Opioid prescribing remains one of the most complex and scrutinized aspects of clinical practice. In this lecture, Neil Gokal, MD, FAAFP, a family physician with extensive experience in primary care and chronic pain management, reviews the evidence and rationale behind contemporary opioid prescribing practices. Dr. Gokal examines the CDC's 2022 opioid prescribing recommendations, emphasizing patient selection, dosing, duration, monitoring, and tapering strategies. Through clinical scenarios and practical tools, participants gain guidance on balancing pain relief with safety, reducing opioid-related harms, and supporting patients with or at risk for opioid use disorder.
- Lecture 4:** Leslie S. Zun, MD, MBA, FACEP, FAAEM presents
Depression: Diagnosis and Treatment
Leslie Zun, MD, MBA, FAAEM, FACEP, Chief Medical Officer at Hamdard Health Alliance and Professor of Emergency Medicine and Psychiatry at Chicago Medical School, presents a clinically focused overview of depression across diverse patient populations. Drawing on extensive clinical and academic experience, Dr. Zun reviews epidemiology, risk factors, diagnostic criteria, and practical screening tools used to identify depressive disorders. The lecture examines contemporary treatment options including antidepressant pharmacotherapy, psychotherapy, neuromodulation therapies, and emerging treatments such as esketamine and digital therapeutics. Participants gain practical guidance for evaluating depression, assessing suicide risk, and selecting effective treatment strategies in clinical practice.

For more information, visit the AEI website at [AEISeminars.com](https://www.aeiseminars.com) or click the links below

[Course Objectives](#) [Program Description](#) [Program Faculty](#) [Accreditation](#) [Destinations](#) [Tuition](#)

PARTICIPANT DETAILS

Participant: _____ Destination: _____

Start Date: _____ End Date: _____ Cost: _____